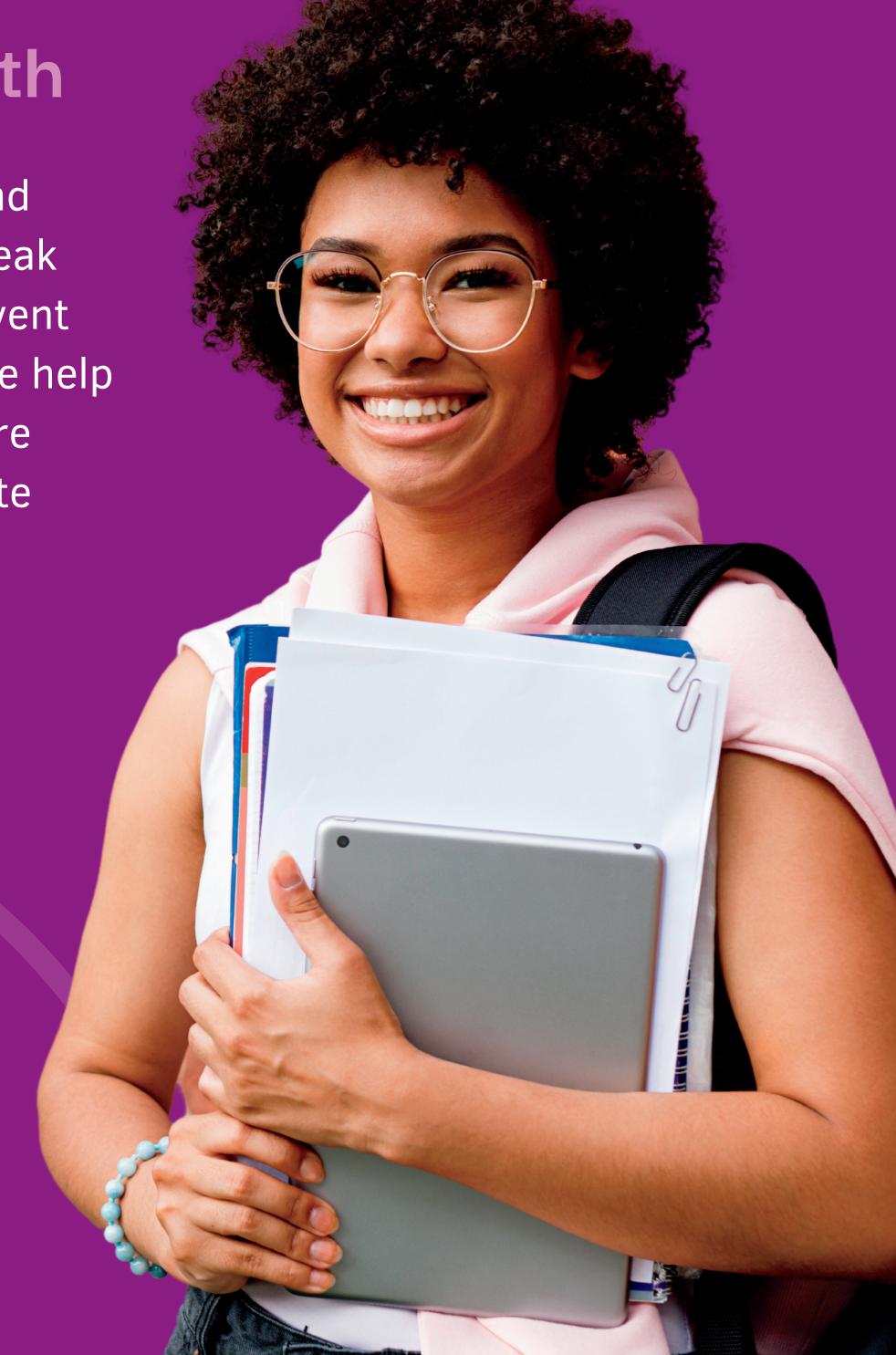
## Let's Break the Stigma & Start the Conversation

## Mental Health Awareness Month

By spreading awareness and knowledge, we can help break down the barriers that prevent individuals from seeking the help they need and create a more inclusive and compassionate society for all.

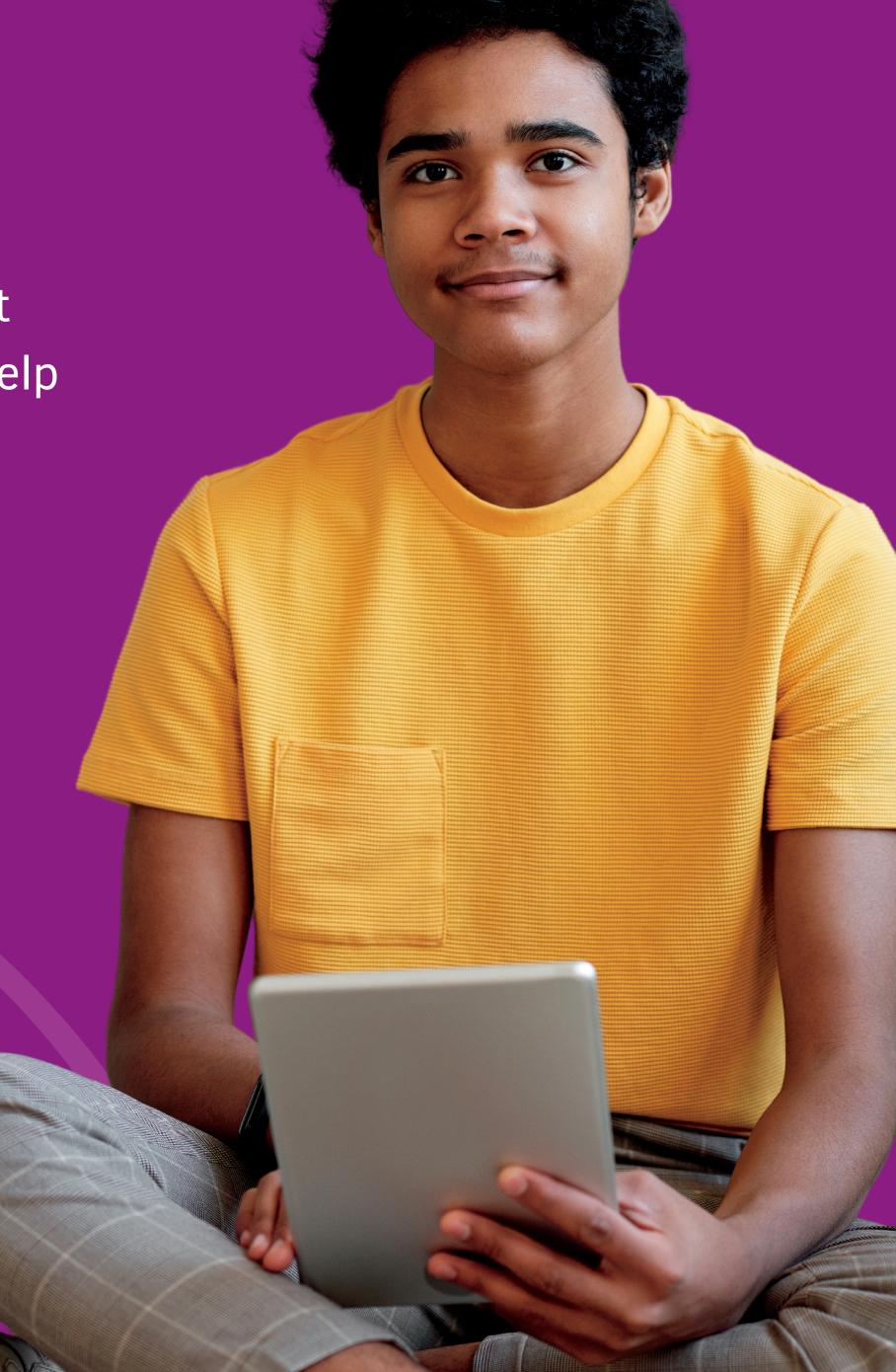


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